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Breakfast with Buddha: A Novel:
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Breakfast with Buddha is a 2007 spiritual fiction novel by American author Roland Merullo. According to this story, Otto Ringling, an editor of food books who lives in New York and a skeptic, reluctantly goes onto a road trip with Volya Rinpoche, a Siberian monk. This story, narrated in the first person by Otto, describes Otto's thoughts and beliefs, his conversations with the Rinpoche, and how he gains new perspectives on the world as well as his life, as a result of Volya Rinpoche's company.

Breakfast with Buddha - Wikipedia
Breakfast with Buddha: A Novel (Audio Download): Amazon.co.uk: Roland Merullo, Sean Runnette, Tantor Audio: Books

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So it is with Jack Kerouac's "On the Road" (1957) and "The Dharma Bums" and so it is as well with Roland Merullo's novel fifty years after Kerouac's: "Breakfast with Buddha (2007)." We don't have beats, mad sex, and the wildness of Dean Moriarty in Merullo's road novel from the American East to the Midwest.

Breakfast with Buddha by Roland Merullo

Buy Breakfast with Buddha: A Novel by Roland Merullo (2007-09-07) by Roland Merullo from Amazon's Fiction Books Store. Everyday low prices on a huge range of new releases and classic fiction.

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Breakfast with Buddha: A Novel by Roland Merullo (2007-09 ...

This was one of the most heartwarming novels ever written. It's a clash of cultures into the world of the unknown. It's a lesson about how we fear what we don't know. In this day and age of anxiety and rushing everywhere we go, "Breakfast with Buddha" captures the anxious typical American lifestyle.

Breakfast with Buddha on Apple Books

Breakfast with Buddha: A Novel Audible Audiobook □ Unabridged Roland Merullo (Author), Sean Runnette (Narrator), Tantor Audio (Publisher) & 0 more 4.4 out of 5 stars 998 ratings

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"Breakfast with Buddha" is perfect for someone who is looking for a lighthearted tale to kick back and relax with. But it's not all just fun and games. While there are plenty of laughs, there are also inspirational life lessons scattered throughout this book, and I look forward to one day reading the other books in this trilogy: "Lunch with Buddha" and "Dinner with Buddha."

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Breakfast with Buddha: A Novel:
Merullo, Roland ...

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INTRODUCTION : #1 Breakfast With
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In the end, we are all humanized by
the spiritual journey of Dinner with
Buddha. □ □ Spirituality and Practice
□ Merullo masterfully depicts the
struggles of practicing mindfulness
moment by moment . . . [The] novel is
full of nuanced, thoughtful prose and is
an immensely satisfying conclusion to
the series. □ □ Publishers Weekly

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At the behest of his sister, Otto Ringling finds himself reluctantly accompanying her guru, an enigmatic Mongolian monk, on a trip through Middle America to their childhood home, introducing his passenger to some American "fun" along the way.

☐We, like Otto, find our cynicism worn away by Rinpoche's gentle instruction

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in the simple but terribly difficult art of letting go, living each moment to the fullest, seeing the sacred in the everyday . . . This brave, meditative author has carved a unique niche in American literature. Kirkus Reviews starred review If life is a journey--with detours, paths from which to choose, and myriad roadblocks to overcome--then Otto Ringling is most certainly on the journey of a lifetime. The first fifty or so years of his journey were pretty good. He felt that he had it all, until one day he didn't. Looking for answers, he calls on his brother-in-law, Volya Rinpoche, a wise man and spiritual leader. A man who accepts the world as it comes to him; a man without pride or vanity. Someone who, as it turns out, is experiencing his own time of doubt. So, in hopes of finding answers to life's mysteries, the two

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embark on a journey through America, a road trip that becomes a lesson in love and gratitude. Merullo offers keen insight into and intelligent assessments of modern American life, but it is his compassionate portrait of a grieving Otto in search of inner tranquility that is most affecting.

Booklist Otto is such a full human, which is why we can empathize with his questions and immerse ourselves in his experiences. In the end, we are all humanized by the spiritual journey of Dinner with Buddha. Spirituality and Practice Merullo masterfully depicts the struggles of practicing mindfulness moment by moment . . .

[The] novel is full of nuanced, thoughtful prose and is an immensely satisfying conclusion to the series.

Publishers Weekly

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Includes Reading group and discussion question guide.

The new novel from the award-winning author of *Breakfast with Buddha* and *Revere Beach Boulevard* tells the story of a young Catholic woman jolted from a quietly devout life in pursuit of a mysterious calling. Cynthia Piantedosi lives a quiet, unassuming life outside of Boston, guided by her Catholic faith. When she loses her beloved grandmother, she begins experiencing "spells" of such intense spiritual intimacy that she wonders about her sanity. Devoted to her elderly father and not particularly interested in dating and socializing, she develops a deep friendship with her parish priest. His congregation sees him as provocative and radical, but he encourages Cynthia to explore her faith—however it

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presents itself. When he is killed in a mysterious accident, a message begins to emerge from Cynthia's prayers: God is calling her to be the first female Catholic priest. Her revelation is met with ridicule by certain of the more reactionary officials she reaches out to within the Church. Unable to tune out the divine messages, she lets the power of unswerving faith drive her all the way to the Vatican in pursuit of a destiny she doesn't fully understand—and a turn of events that will inevitably bring long overdue change to the Catholic Church. From the Hardcover edition.

What happens when the Pope and the Dalai Lama decide they need a secret vacation? Roland Merullo's playful, eloquent, and life-affirming novel finds the world's two holiest men teaming

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up for an unsanctioned road trip through the Italian countryside--where they rediscover the everyday joys and challenges of ordinary life. During the Dalai Lama's highly publicized official visit to the Vatican, the Pope suggests an adventure so unexpected and appealing that neither man can resist: they will shed their robes for several days and live as ordinary men. Before dawn, the two beloved religious leaders make a daring escape from Vatican City, slip into a waiting car, and are soon traveling the Italian roads in disguise. Along for the ride is the Pope's neurotic cousin and personal assistant, Paolo, who--to his terror-- has been put in charge of arranging the details of their disappearance. Rounding out the group is Paolo's estranged wife, Rosa, an eccentric entrepreneur with a lust

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for life, who orchestrates the sublime disguises of each man. Rosa is a woman who cannot resist the call to adventure--or the fun. Against a landscape of good humor, intrigue, and spiritual fulfillment, *The Delight of Being Ordinary* showcases the uniquely charming sensibilities of author Roland Merullo. Part whimsical expedition, part love story, part spiritual search, this uplifting novel brings warmth and laughter to the universal concerns of family life, religious inspiration, and personal identity—all of which combine to transcend cultural and political barriers in the name of a once-in-a-lifetime adventure.

In this richly evocative novel--the moving story of one boy's coming of age--acclaimed author Roland Merullo

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will make you nostalgic for a small Massachusetts city called Revere even if you've never been there. Providing a window into an unspoiled America of forty years ago, In Revere welcomes you to the fiercely loyal and devoted Italian-American family of the Benedettos. Although he was orphaned as a child, young Anthony Benedetto was always surrounded by family, and the vibrant warmth of the Revere community. His Uncle Peter, a former Golden Gloves boxer whose days of glory were behind him, believed Tonio was bound for great things. So did his daughter Rosie, Tonio's favorite cousin, who would take many wrong turns--away from Tonio--through adolescence. His gentle grandparents, who took him in, encouraged him to claim a future outside of Revere, but the warm,

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unconditional love of his family, and the smells and sounds of Revere stay with him forever.

What if Jesus suddenly appeared and announced that he planned to run for President of the United States? Yes, that Jesus. And what if a well-meaning but utterly inexperienced band of disciples not only helped him mount a seat-of-the-pants campaign but also ran it well, getting millions of people to support him and in the process throwing the other two major party candidates—as well as the world's news media—into a frenzy as they scramble to discredit him? Roland Merullo's bitingly clever satirical novel about the state of American politics follows one man's campaign to bring back goodness and kindness (real goodness and kindness this time) in a

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country that has fallen into a divisive state of fear and hatred. Merullo takes us into the heart of "a nation in grave spiritual danger" as the Son of man sets out to make everyone realize that "politics as usual" is no longer an acceptable alternative. American Savior is a remarkably innovative novel that challenges our perceptions and beliefs while it wags a finger at the folly of our self-righteousness. It is sure to cause controversy among those for whom politics itself has become a kind of religion.

Jake Entwhistle is smart and handsome, but living with a shadow over his romantic history. Janet Rossi is a bright, witty aide to the governor of Massachusetts, but Janet suffers from an illness that makes her, as she puts it, "not exactly a good long-term

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investment. After meeting by accident late one night, they begin a love affair filled with humor, startling intimacy, and a deep, abiding connection.

By turns darkly menacing and bright with love and resilience, *The Talk-Funny Girl* is the story of one young woman's remarkable courage, a kind of road map for the healing of early abuse, and a testament to the power of kindness and love. In one of the poorest parts of rural New Hampshire, teenage girls have been disappearing, snatched from back country roads, never to be seen alive again. For seventeen-year-old Marjorie Richards, the fear raised by these abductions is the backdrop to what she lives with in her own home, every day. Marjorie has been raised by parents so intentionally isolated from normal

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society that they have developed their own dialect, a kind of mountain hybrid of English that displays both their ignorance of and disdain for the wider world. Marjorie is tormented by her classmates, who call her "The Talk-funny girl," but as the nearby factory town sinks deeper into economic ruin and as her parents fall more completely under the influence of a sadistic cult leader, her options for escape dwindle. But then, thanks to a loving aunt, Marjorie is hired by a man, himself a victim of abuse, who is building what he calls "a cathedral," right in the center of town. Day by day, as Marjorie's skills as a stoneworker increase, so too does her intolerance for the bitter rules of her family life. Gradually, through exposure to the world beyond her parents' wood cabin thanks to the kindness of her aunt and

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her boss, and an almost superhuman determination, she discovers what is loveable within herself. This newfound confidence and self-esteem ultimately allows her to break free from the bleak life she has known, to find love, to start a family, and to try to heal her old, deep wounds without passing that pain on to her husband and children.

This witty tale is an "engaging story of golf, the after-life and "the spiritual education of one soul" (Publishers Weekly). Herman "Hank" Fins-Winston was a professional golfer destined for greatness. Now he lives in a condominium on the thirteenth fairway of one of heaven's glorious courses—a fact he finds surprising, since for one reason or another, a fair percentage of golfers never make it to paradise . . . and Hank wasn't exactly an angel on

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Earth. Hank is having the time of his afterlife, until he's summoned one idyllic morning to play a round with the Almighty. It seems that God is having some trouble with putting. As they play the heavenly courses, both in paradise and back on earth, Hank comes to realize that what began as a golf lesson has become a true spiritual journey . . .

Merullo, author of the critically acclaimed Revere Beach trilogy, writes with wit and subtlety rather than trying to pound inspiration into our heads with a titanium driver. And, best of all, he gets the golf right: precise, well-constructed descriptions of courses and shot making, revealing a respect for the game itself, not just its potential as metaphor.

Booklist

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